



Naturally Effective, Drug-free, Affordable Option for Respiratory Relief of Asthma, Allergies, Sinuses, COPD. Skin Improvement for Acne, Eczema & Psoriasis. Effective Method to Improve Sleep and Ease Stress, all while Building a Stronger Immune System.

Salt Spa Hours: Mon-Thurs 9a-7p Fri & Sat 9a-5p

Salt Spa Sessions

Salt Spa Session (45 minutes)	\$50	5- Salt Session Package	\$225
Add-On Salt Spa Session	\$40	Private/Group Salt Spa	\$275
Child Session 6-11 years	\$50	(Maximum of 12 People)	
(Includes one guardian at no charge)		Healing Zen Ritual	\$60
Additional Child	\$30	Couples Healing Zen Ritual	\$90

Salt Spa Membership

- Unlimited Sessions for 1 Month/3 Months** **\$275/575**
Unlimited salt spa sessions for one or three consecutive months - for one person
- Single Six-Month Membership** **\$139/month**
Unlimited salt spa sessions for six consecutive months - for one person
- Single Annual Membership** **Only \$99***
Unlimited salt spa sessions each month for full year - for one person
- Family Annual Membership** **Only \$159***
Unlimited salt spa sessions each month for full year - for the family (Children must be living with parent for family rate)

*Annual fees are due monthly for one consecutive year.

FREE TAI CHI CLASS

Every Tuesday 5:30-6:30pm ~ at The Wellness Spa

Easy to learn Tai Chi and Qigong movements, focused breathing & guided meditation to calm your body, clear your mind, and promote relaxation, internal healing, and overall wellness. No experience needed. Open to ages 10+

Free and Open to the public.

Retail Therapy at Clarity Boutique

Women's Clothing, Shoes, Jewelry and Accessories. Plus books, essential oils, metaphysical gems, smudges and sage, singing bowls, chakra tools, massage products, bath & body care, professional skin care and at-home pro facial masks, OPI nail care, and our beautiful, spa-like Home Décor and Accent Lighting.

Water Dragon Inn

Luxurious Overnight Accommodations

Whether a Staycation or Destination, enjoy Wisconsin seasons year-round in our elegant Stone Cottage on the water. Private wellness-focused accommodations for couple's romantic stays or small group get-a-ways. See more or book your relaxing experience at www.DestinationWellness.net

Lavender Room

Elegant Upscale Private Venue Space

Intimate Event Space for Bridal & Wedding Prep, Small Celebrations, Off-site Business Meetings, Educational Training Days or Petite Special Events.

Food options available. Free Wi-Fi, refreshments and parking. Call for Details & Pricing 715-341-3333 or WSPA@WellnessSpaResort.com

Series Packages

Purchase Five Sessions ~ Receive the Sixth FREE!

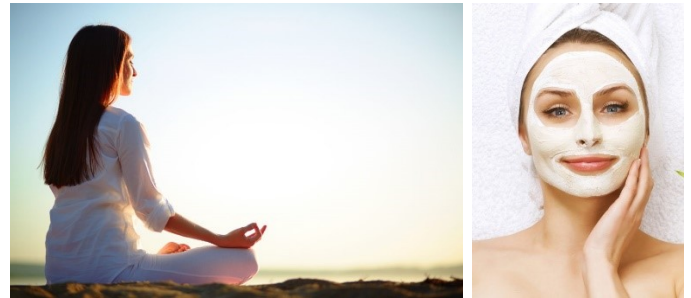
Series must be for same service and be used by same person. To receive this great spa deal - Series cards expire **One Year** from purchase date.

Series available for the following services

- Massage: Mini, Relaxation (50/80 min), Deep Tissue (50/80 min)
- Facial: Enzyme, Cleansing, European, Wellness Spa, Dermaplaning, Chemical Peel
- Nails: Essential Manicure, Essential Pedicure, Shellac Nail Treatment
- Waxing: All



"The Best Kept Secret in the Midwest"... Our talented, caring spa team, offers above and beyond great customer service, treatments and therapies, and we are ready to greet you as you enter our historical building, filled with all the comforts, smells and atmosphere you would expect in a world-class destination spa. Come Discover The Wellness Spa to Relax...And Enjoy Life!



Gift Cards Available in Any Amount

Purchase Instantly Online

Seasonal Specials, Classes & Events,
Job Opportunities & Service Descriptions online:

www.WellnessSpaResort.com

Hours: Monday – Thursday 8 am – 7 pm
Friday & Saturday 8 am – 5 pm

The Wellness Spa, Inc.

3916 Water Street, Stevens Point, WI 54481

715-341-3333

1-877-341-WSPA (9772)

*New price menu effective April 11, 2022
Services & prices subject to change without notice*

Wellness Spa Packages

Spa Time Together Package 2 – 2½+ hours - \$355/435 per couple

Spend time together while we pamper you from head to toe.

- Couples Relaxation Massage (50 or 80 minute)
- Hot Stone Enhancer
- Foot Rubby Rubby with Hand Indulgence Enhancer
- Elegant Snack & Beverage for Two

Taste of the Spa Life Package 3-4 hour package - \$220

Create the package of your dreams. Choose one service from each category below. Enjoy a Spa Snack with this package. *Upgrades available for additional charge.

APPETIZER	MAIN COURSE	DESSERT
Body Glow	Relaxation Massage (80)	Enzyme Therapy Facial
Head Trip	Hot Stone Full Body Massage	Essential Pedicure
Sole Serenity	European Facial	Reflexology (20)
Shellac Manicure	Wellness Spa Facial	Salt Spa Session

Signature Spa Treatments

Platinum Luminescence

This facial and body treatment includes all the spa indulgences for the ultimate in full body relaxation with a glimmering outcome. 110 minutes - \$195

Nirvana Experience

Full body scrub, relaxing aromatherapy massage, detoxifying steam with cool globe face massage... Heaven aka Nirvana! 75 or 105 minutes - \$135/175

The Athena

Hot stone back massage, full body relaxation massage, Aromatherapy Face Massage. A blissful blessing for your body, mind, and soul. 75 minutes - \$135

The Atlas

Exfoliating back scrub, deep tissue back and neck massage, including hot stone back Indulgence. Completed with a therapeutic foot massage. 75 minutes - \$145

Buddha Body Ritual

Warm compress of aromatic herbs is massaged into muscles to reduce pain while increasing lymphatic drainage. Includes Swedish Massage to increase Qi flow and harmonize your entire body. Deeply relaxing. 75 minutes - \$135

NEW ~ Eastern Therapy

Chinese medicine has been around for over 3000 years. It holistically restores health by maintaining harmony throughout the body, balancing yin yang and allowing Qi (energy) to flow, in turn improving overall vitality and wellness.

Traditional Chinese Medicine Massage	80 minutes	\$130
Thai Massage	50/80 minutes	\$90/140
Tui Na Massage	50/80 minutes	\$85/135
Gua Sha Face Massage	20 minutes	\$55
Gua Sha ~ Eastern Therapy Enhancer	Add-in only	\$15
Cupping	20/50 minutes	\$40/70
Ancient Thai Foot Detox	20 minutes	\$45
Reflexology	20/50 minutes	\$55/85

Massage Therapy

Our therapeutic-based massages include techniques unique to The Wellness Spa, ensuring consistently beneficial treatments. Wellness Spa massages include: Hot Cozy, Hot Towels, Soothing Eye Pillow and aromatherapy or unscented oils.

Relaxation Massage	50/80 minutes	\$80/120
Deep Tissue Massage	50/80 minutes	\$95/145
Mini Massage	20 minutes	\$50
Hot Stone Back Massage	45 minutes	\$90
Hot Stone Full Body Massage	75 minutes	\$145
Maternity Massage	50 minutes	\$85
Couples Relaxation Massage	50/80 minutes	\$195/275
~Includes complimentary Hot Stone Sampler for each person		
~Upgrade to Deep Tissue for \$15 extra/50 min or \$25 extra/80 minute per person		

Massage Enhancers \$15 each

Customize your massage adding more benefits without adding extra time.

- Hot Stone Sampler
- Hand Indulgence
- Foot Indulgence

Massage & Facial Alchemy

Upgrade your massage or facial experience by creating your own healing blend.

Add our Alchemy treatment to customize your spa experience.

20 minutes - Add-On - \$45 (Cannot Add Alchemy to Signature Treatments or Maternity)

- Body Glow
- Sole Serenity
- Sinus Relief
- Head Trip
- Total Tranquility
- Hot Stone Back Indulgence (only added to massage)

Facial Therapy

Facials at The Wellness Spa are customized to an individual's needs, with a variety of treatment masks and effective skin care products, serums, and add-ons to assure a specialized service with every facial you choose.

Diamond Illuminating Facial	80 minutes	\$150
Golden Goddess 24 Karat Facial	80 minutes	\$150
European Facial	80 minutes	\$120
Wellness Spa Facial	75 minutes	\$130
Earth Minerals Facial	75 minutes	\$125
Balanced & Bright Facial	60 minutes	\$115
Deep-Pore Cleansing Facial	50 minutes	\$95
Cleansing Facial	50 minutes	\$85
Enzyme Therapy Facial	25 minutes	\$60
Chemical Peel	Add-on only	\$45
High Frequency	Add-on only	\$20
Enzyme Back Facial	35 minutes	\$75

Dermaplaning

Instantly smoother, flawless-looking skin with our advanced technique of controlled surgical scraping. Can be done every 2-4 weeks. Series suggested.

- Full Face \$75
- Add-on any facial \$45

Eye Lash Extensions & Lash Lift/Tint

Eliminate the need for mascara with our low-maintenance options.

Full Set Lash Extensions • Classic Lash - \$195

Includes hydrating eye mask. Lashes lasts up to 5 weeks w/ proper care. 120 min

Lash Refill \$45-95

Includes hydrating eye mask. Refill 2-4 weeks after initial application. 60 minutes (Refill price depends on weeks between refill)

Lash Removal (full set) \$30 - 30 minutes

Lash Lift & Tint • Lift & Tint - \$100 • Lift Only - \$75 • Tint Only - \$35

Includes hydrating eye mask. Curl lasts about 5-6 weeks. 90 minutes

Waxing Services

Eyebrows	\$20	Full Face	\$60	Brazilian	\$100
Upper Lip	\$15	Underarm	\$25	Bikini Line	\$40
Chin	\$15	Lower Arms	\$30	Abdomen	\$20
Side of Face	\$15	Full Arms	\$40	Full Back	\$90
Nape of Neck	\$15	Lower Legs	\$50	Chest	\$60
Brows/Lip/Chin	\$40	Full Legs	\$90	Shoulders	\$45

Nail Therapy

Our nail services highlight natural and therapeutic additions such as acupressure massage, aromatherapy, detoxification, and stress relief to go beyond nail care.

Wellness Mani-Pedi Package	90 minutes	\$105
~Upgrade to Shellac Nail Treatment \$120		
Healing Power Pedicure	60 minutes	\$75
Relaxation Pedicure	60 minutes	\$75
Essential Pedicure	45 minutes	\$55
Foot Rubby Rubby	50 minutes	\$75
~Does not include nail care or polish . . . Upgrade \$20 for Added nail care and polish		
Essential Manicure	30 minutes	\$35
Shellac Nail Treatment (includes Manicure)	45 minutes	\$50
Shellac Removal	10 minutes	\$10
Princess Manicure (ages 6-11)	20 minutes	\$25
Princess Pedicure (ages 6-11)	20 minutes	\$30
French Polish Upgrade	10 minutes	\$10
Nail Art Upgrade	10 minutes	\$10

Allow an extra 15-30 minutes for drying of nails after polish