



Naturally Effective, Drug-free, Affordable Option for Respiratory Relief of Asthma, Allergies, Sinuses, COPD, Skin Improvement for Acne, Eczema & Psoriasis. Effective Method to Improve Sleep and Ease Stress, all while Building a Stronger Immune System.

Salt Spa Hours: Mon-Thurs 9a-7p Fri & Sat 9a-5p

Salt Spa Sessions

(All Salt Spa & Zen Sessions are 45 minutes)

Salt Spa Session	\$50	5- Salt Session Package	\$225
Add-On Salt Spa Session	\$40	Private Salt Spa Session	\$275
Child Session 6-11 years	\$50	(Maximum of 12 Guests)	
(Includes one guardian at no charge)		Healing Zen Ritual	\$60
Additional Child	\$30	Couples Healing Zen Ritual	\$90

Salt Spa Membership

Unlimited Sessions for 1 Month/3 Months	\$275/575
Unlimited salt spa sessions for one or three consecutive months - for one person	
Single Six-Month Membership	\$139/month
Unlimited salt spa sessions for six consecutive months - for one person	
Single Annual Membership	Only \$99*
Unlimited salt spa sessions each month for full year - for one person	
Family Annual Membership	Only \$159*
Unlimited salt spa sessions each month for full year - for the family (Children must be living with parent for family rate)	
*Annual fees are due monthly for one consecutive year.	

FREE TAI CHI CLASS

Every Tuesday 5:30-6:30pm ~ at The Wellness Spa

Easy to learn Tai Chi and Qigong movements, focused breathing & guided meditation to calm your body, clear your mind, and promote relaxation, internal healing, and overall wellness. No experience needed. Open to ages 10+

Free and Open to the public.



Retail Therapy at Clarity Boutique

Women's Clothing, Shoes, Jewelry and Accessories. Plus books, essential oils, metaphysical gems, smudges and sage, singing bowls, chakra tools, massage products, bath & body care, professional skin care and at-home pro facial masks, OPI nail care, and our beautiful, spa-like Home Décor and Accent Lighting.

Water Dragon Inn

Luxurious Overnight Accommodations

Whether a Staycation or Destination, enjoy Wisconsin seasons year-round in our elegant Stone Cottage on the water. Private wellness-focused accommodations for couple's romantic stays or small group get-a-ways. See more or book your relaxing experience at www.DestinationWellness.net

Lavender Room

Elegant Upscale Private Venue Space

Intimate Event Space for Bridal & Wedding Prep, Small Celebrations, Off-site Business Meetings, Educational Training Days or Petite Special Events. Food options available. Free Wi-Fi, refreshments and parking. Call for Details & Pricing 715-341-3333 or WSPA@WellnessSpaResort.com

Give a Gift Experience!



Gift Cards Available in Any Amount

Purchase Instantly Online

www.WellnessSpaResort.com

Series Packages

Purchase Five Sessions ~ Receive the Sixth FREE!

Series must be for same service and be used by same person. To receive this great spa deal - Series cards expire **One Year** from purchase date.

Series available for the following services

Massage: Mini, Relaxation (50/80 min), Deep Tissue (50/80 min), Hot Stone Enhancer
Facial: Enzyme, Cleansing, Wellness Spa, Dermaplaning, Chemical Peel
Nails: Essential Manicure, Essential Pedicure, Gel Manicure
Waxing: All

Classes & Events

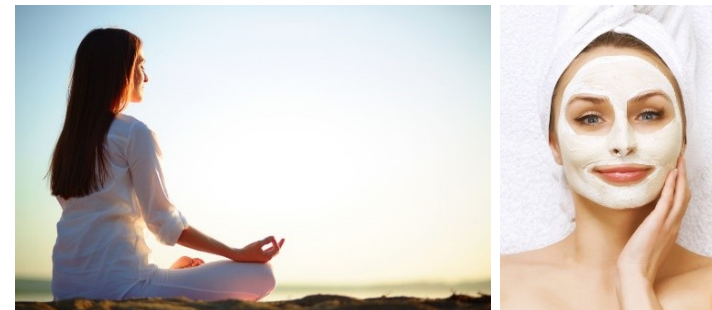
The Wellness Spa hosts a variety of wellness-focused classes & events, including Tai Chi, Qigong, Yoga, Soothing Sound Therapy, Ritual & Meditation Classes. With special seasonal events like our Couples Massage Class, Camp Goddess Woman's Retreat, Yoga in the Salt Spa, Solstice and Equinox Celebrations & Guest Speaker special events and activities. Visit us online for updated class and event dates, times and details.

Hours

Monday – Thursday 8 am – 7 pm
Friday & Saturday 8 am – 5 pm

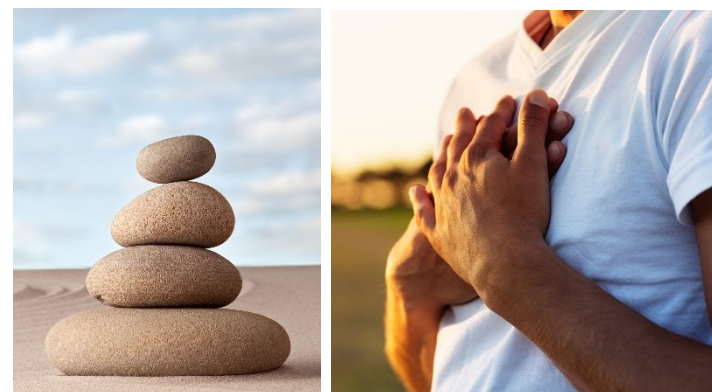
Gratitude

Thank you from The Wellness Spa's founder, our spa team, family, friends, and all of our incredibly wonderful guests that have helped our business continue to provide well-being and healing to the amazing community in and around central Wisconsin. With Deep Gratitude & Appreciation!



"The Best Kept Secret in the Midwest"... Our talented, caring spa team, offers above and beyond great customer service, treatments and therapies, and we are ready to greet you as you enter our historical building, filled with all the comforts, smells and atmosphere you would expect in a world-class destination spa.

Come Discover The Wellness Spa to Relax...And Enjoy Life!



The Wellness Spa, Inc.

3916 Water Street, Stevens Point, WI 54481

715-341-3333

1-877-341-WSPA (9772)

www.WellnessSpaResort.com

Wellness Spa Packages

Spa Time Together Package

Spend time together while we pamper you from head to toe with our signature couple's package. \$355/435 per couple

- Couples Relaxation Massage (50 or 80 minute)
- Hot Stone Enhancer
- Foot Rubby Rubby with Hand Indulgence Enhancer
- Elegant Snack & Beverage for Two

Taste of the Spa Life Package

Create the package of your dreams. Choose one service from each category below. Enjoy a Spa Snack with this package. Package time varies depending on choice of services. \$220 *Upgrades available for additional charge.

APPETIZER

Body Glow
Head Trip
Sole Serenity
Gel Manicure

MAIN COURSE

Relaxation Massage (80)
Hot Stone Full Body Massage
Wellness Spa Facial
Restorative Therapy (90)

DESSERT

Enzyme Therapy Facial
Essential Pedicure
Reflexology (20)
Salt Spa Session

Signature Spa Treatments

Platinum Luminescence

This specialty facial includes a luxurious body treatment with all the spa indulgences for the ultimate facial experience. 105 minutes - \$195

Nirvana Experience

Full body scrub, relaxing aromatherapy massage, detoxifying steam with cool globe face massage... Heaven aka Nirvana! 75 or 105 minutes - \$135/175

The Athena

Hot stone back massage, full body relaxation massage, Aromatherapy Face Massage. A blissful blessing for your body, mind, and soul. 75 minutes - \$135

The Atlas

Exfoliating back scrub, deep tissue back and neck massage, including hot stone back indulgence. Completed with a therapeutic foot massage. 75 minutes - \$145

Buddha Body Ritual

Warm compress of aromatic herbs is massaged into muscles to reduce pain while increasing lymphatic drainage. Includes Swedish Massage to increase Qi flow and harmonize your entire body. Deeply relaxing. 75 minutes - \$135

Eastern Therapy

Chinese medicine has been around for over 3000 years. It holistically restores health by maintaining harmony throughout the body, balancing yin yang and allowing Qi (energy) to flow, in turn improving overall vitality and wellness.

Traditional Chinese Medicine Massage	80 minutes	\$130
Thai Massage	50/80 minutes	\$90/140
Tui Na Massage	50/80 minutes	\$85/135
Gua Sha Face Massage	20 minutes	\$50
Cupping	20/50 minutes	\$40/70
Ancient Thai Foot Detox	20 minutes	\$45
Reflexology	20/50 minutes	\$55/85

Massage Therapy

Our therapeutic-based massages include techniques unique to The Wellness Spa, ensuring consistently beneficial treatments. Wellness Spa massages include: Hot Cozy, Hot Towels, Soothing Eye Pillow and aromatherapy or unscented oils.

Relaxation Massage	50/80 minutes	\$80/120
Deep Tissue Massage	50/80 minutes	\$95/145
Mini Massage	20 minutes	\$50
Hot Stone Back Massage	45 minutes	\$90
Hot Stone Full Body Massage	75 minutes	\$145
Maternity Massage	50 minutes	\$85
Couples Relaxation Massage	50/80 minutes	\$195/275
~Includes complimentary Hot Stone Sampler for each person		
~Upgrade to Deep Tissue for \$15 extra/50 min or \$25 extra/80 minute per person		

Massage Enhancers \$15 each

Customize your massage adding more benefits without adding extra time.

- Hot Stone Sampler
- Hand Indulgence
- Foot Indulgence

Massage & Facial Alchemy

Upgrade your massage or facial experience by creating your own healing blend.

Add our Alchemy treatment to customize your spa experience.

20 minutes - Add-On - \$45 (Cannot Add Alchemy to Signature Treatments or Maternity)

- Body Glow
- Sole Serenity
- Hot Stone Back Indulgence (only added to massage)
- Head Trip
- Total Tranquility

Facial Therapy

Our Facials are customized to your needs, with a variety of treatment masks and effective skin care products, serums, and add-ons to assure a specialized service.

Golden Goddess 24 Karat Facial	75 minutes	\$150
Wellness Spa Facial	75 minutes	\$130
Earth Minerals Facial	75 minutes	\$125
Balanced & Bright Facial	60 minutes	\$115
Oxygen Deep-Pore Facial	45 minutes	\$95
Cleansing Facial	45 minutes	\$85
Enzyme Therapy Facial	20 minutes	\$60
Chemical Peel	Add-on only	\$45
High Frequency	Add-on only	\$20
Enzyme Back Facial	30 minutes	\$75

Dermaplaning

Instantly smoother, flawless-looking skin with our advanced technique of controlled surgical scraping. Can be done every 2-4 weeks. Series suggested.

- Full Face - \$75
- Add-on to any facial for only - \$45

Eye Lash Extensions & Lash Lift/Tint

Eliminate the need for mascara with our low-maintenance options.

Full Set Lash Extensions • Classic Lash - \$195 • Hybrid Lash - \$215-275
Includes hydrating eye mask. Fills are recommended every 2-3 weeks to keep lashes looking fresh and full. 120 minutes

Lash Fill 60 minutes - \$45-95
Maintenance after initial Full Set Lash Extension. Includes hydrating eye mask. (Fill price depends on retention and lash style)

Lash Removal (full set) 30 minutes - \$30

Lash Lift & Tint • Lift & Tint - \$100 • Lift Only - \$75 • Tint Only - \$35
Includes hydrating eye mask. Curl lasts about 5-6 weeks. 30-75 minutes.

Brow Lamination 60 minutes - \$75
Perming of the eyebrow hairs to give a fuller, more even look. Lasts 5-6 weeks. Includes brow shaping as needed prior to lamination.

Brow Tint 30 minutes - \$35
Enhance eyebrow color for a more defined look. Lasts 3-5 weeks.

Waxing Services

Eyebrows	\$20	Full Face	\$60	Brazilian	\$100
Upper Lip	\$15	Underarm	\$25	Bikini Line	\$40
Chin	\$15	Lower Arms	\$30	Abdomen	\$20
Side of Face	\$15	Full Arms	\$40	Full Back	\$90
Nape of Neck	\$15	Upper or Lower Legs	\$60	Chest	\$60
Brows/Lip/Chin	\$40	Full Legs	\$90	Shoulders	\$45

Nail Therapy

Our nail services highlight natural and therapeutic additions such as acupressure massage, aromatherapy, detoxification, and stress relief to go beyond nail care.

Wellness Mani-Pedi Package	90 minutes	\$105
~Upgrade to Shellac Nail Treatment \$120		
Healing Power Pedicure	60 minutes	\$75
Relaxation Pedicure	60 minutes	\$75
Essential Pedicure	45 minutes	\$55
Foot Rubby Rubby	50 minutes	\$75
~Does not include nail care or polish . . . Upgrade \$20 for Added nail care and polish		
Essential Manicure	30 minutes	\$35
Gel Manicure	45 minutes	\$50
Gel Removal	10 minutes	\$10
Princess Manicure (ages 6-11)	20 minutes	\$25
Princess Pedicure (ages 6-11)	20 minutes	\$30
French Polish Upgrade	10 minutes	\$10
Nail Art Upgrade	10 minutes	\$10

Allow an extra 15-30 minutes for drying of nails after polish

New at The Wellness Spa

HydraFacial

Introducing The Wellness Spa's Newest and Best Facial Yet - HYDRAFACIAL
HydraFacial is a non-invasive treatment for all skin types that combines deep cleaning, chemical exfoliation, painless extractions, deep hydration, rejuvenation and personalization for a customized approach to skin treatment and correction all in one session – with no downtime. No other treatment that will give you such comprehensive results while enjoying a relaxing facial. The results are priceless!



Signature HydraFacial

Deeply cleanse, extract, and hydrate your skin using super-serums filled with antioxidants, peptides, and hyaluronic acid to nourish and detoxify skin in a non-invasive but highly effective treatment for all skin types. 30 minutes - \$199

Deluxe HydraFacial

Includes all the essentials of our Signature Hydrafacial plus a skin-specific booster such as Restorative, Age-Refining, Radiance-Brightening, and Clarifying. Also includes LED red and/or blue light therapy, plus calming scalp massage to make this treatment effective and relaxing. 45 minutes - \$259

Platinum HydraFacial

The ultimate HydraFacial experience. Begin the detoxification process with Lymphatic Drainage followed by our Signature HydraFacial to deeply cleanse, extract and hydrate your skin. Includes LED Light Therapy treatment and our calming scalp massage. 60 minutes - \$325

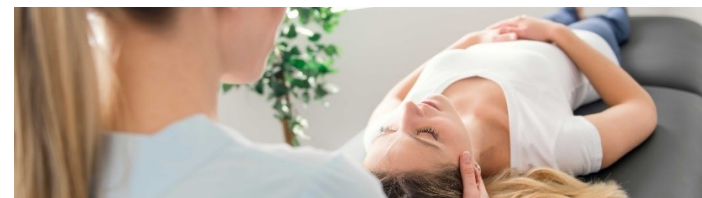
LED Light Therapy Treatment

Stand-alone \$75.00 ADD-ON \$50.00
Thorough cleanse followed by LED Light Therapy treatment using LED Red and Blue lights to target anti-aging, kill acne bacteria, and help control congested/oily skin texture. Can be added to Hydrafacial Signature treatment. 15 minutes

Restorative Therapy

Ease stress, restore balance, create new neuropathways, unwind old physical patterns, and experience a healthier awareness of life and yourself with The Wellness Spa's New Restorative Therapy. These new therapies are the essence of 'body-mind-spirit'. Using a variety of techniques, unique equipment, and effective physical and energy release work, our Restorative Therapy treatments can help you move through blocked or disconnected mental and physical barriers to free you from pain, anxiety, trauma, or life changes and challenges.

- Enhance Mental Clarity
- Increase Your Energy
- Improve Range of Motion
- Decrease Depression
- Lessen Anxiety
- Improve Peak Performance
- Reduce Chronic or Recurring Pain
- Reconnect Mind-Body
- Stabilize Your Mood
- Improve Restorative Sleep
- Increase Feelings of Peace & Contentment
- Feel Better Overall



Restorative Therapy Session	90 minutes	\$130
Dynamic Body Balancing	60/90 minutes	\$80/120
Dynamic Body Balancing & Salt Package	105/135 min	\$120/160
NeuroTherapy	30 minutes	\$60
NeuroMotion	30 minutes	\$50
NeuroIntegration Therapy	60 minutes	\$90
Chi Machine Session	Add-On only	\$20