

*‘Thrive in 2025’ by reducing stress, brightening clarity,  
building resiliency and feeling an overall sense of connectedness.*

*The Wellness Spa is the perfect place to practice mindfulness – Try our spa treatments, salt therapy or classes.*



### **Gemstone Infused Facial**

Achieve radiant, glowing skin with this purifying reset to your face and body! Enjoy all the benefits of a thorough cleanse and enzyme pre-mask before enjoying a gemstone dust-infused mask of either Rose Quartz or Black Pearl with added indulgences of a warmed-gemstone face massage, soothing foot & lower leg massage, and grounding foot mud mask for a true head-to-toe experience. Singing bowl sound therapy and relaxing hand & arm massage add to this deeply relaxing, mindful, yet result-oriented facial. 75 minutes - \$140

### **Healing Power Pedicure**

Power pack your Pedi with the healing properties of ginger. Start with a Ginger Root foot soak followed with professional nail care. Lay back and enjoy a detoxifying lower leg and foot massage using our Ancient Thai herbal compress to open energy pathways and stimulate circulation. Includes a warming moisturizing hand treatment. Finish with nail color of choice or buff finish. 60 minutes - \$75

### **Magnesium Massage**

The Wellness Spa has created a specialty massage to increase energy production while reducing anxiety, muscle tension and stress. By incorporating Magnesium Massage Cream into this full body treatment, this essential mineral can help your body heal from the harsh winter and prepare it for spring! This element-rich massage is infused with a hot stone back massage and hot stone foot massage to deeply melt away stress. With all the extras such as heated table, heated cozy, and hot towels throughout... this massage will melt away winter and welcome spring! 50/80 minutes - \$110/160

### **Just Be... Together in the Salt**

Relax in the warmth and comfort of our Qi Garden Salt Spa while you share quiet time together. This special is intended for two people to enjoy the respiratory and healing benefits of Salt Therapy while napping or relaxing in the Salt Spa. March special price \$65 for 2 people (Both sessions must be done on same day/same time to receive discounted rate - Salt Spa gift cards cannot be used for payment of this special).

### **Spring Break Speed Waxing Special**

Get a FREE Eyebrow, Upper Lip or Underarm Wax, when you schedule: ♣ Leg Wax (Lower, Upper or Full Leg) ♣ Bikini Line or Full Bikini ♣ Brazilian ♣ Arm Wax (Full Arm) ♣ Full Face Wax (Free wax service must be done by same guest, on same day, as paid wax service. One free wax service per guest per day, regardless of quantity of regular priced wax services being done).

### **Meditation, Yoga, Tai Chi, Qigong, Sound Therapy & More**

For classes & special events during the month of March, visit “Classes & Events” [www.WellnessSpaResort.com](http://www.WellnessSpaResort.com)

Join The Wellness Spa on Facebook, Instagram & TikTok for a Month of Mindfulness...  
Enjoy video clips and tips on how to live a mindful, healthy, and vibrant life!

*Meditation Monday    Tai Chi Tuesday    Waxing Wednesday    Therapeutic Thursday  
Facial Friday    Salt Spa Saturday    Stay-cation Sunday*

*The Wellness Spa    3916 Water Street, Stevens Point, WI 54481  
715-341-3333    Toll Free: 877-341-WSPA    [www.WellnessSpaResort.com](http://www.WellnessSpaResort.com)*