

Wisconsin's First Salt Spa



Naturally Effective, Drug-free, Affordable Option for Respiratory Relief of Asthma, Allergies, Sinuses, COPD. Skin Improvement for Acne, Eczema & Psoriasis. Effective Method to Improve Sleep and Ease Stress, all while Building a Stronger Immune System.

**Salt Spa Hours: Monday – Thursday 9am-7pm
Friday & Saturday 9am-5pm**

Salt Spa Sessions

(All Salt Spa Sessions are 45 minutes)

Salt Spa Session	\$50	Child Session 6-11 years	\$50
Add-On Salt Spa Session	\$40	(Includes one guardian at no charge)	
Private Group Salt Spa Session	\$275		
(Maximum of 12 Guests)			

Salt Spa Membership

Unlimited Sessions for 1 Month/3 Months \$275/575
Unlimited salt spa sessions for one or three consecutive months - for one person

Single Six-Month Membership \$139/month
Unlimited salt spa sessions for six consecutive months - for one person

Single Annual Membership Only \$99*
Unlimited salt spa sessions each month for full year - for one person

Family Annual Membership Only \$159*
Unlimited salt spa sessions each month for full year - for the family
(Children must be living with parent for family rate)

*Annual fees are due monthly for one consecutive year.

FREE TAI CHI CLASS

Every Tuesday 5:30-6:30pm at The Wellness Spa

Easy to learn Tai Chi and Qigong movements, focused breathing & guided meditation to calm your body, clear your mind, and promote relaxation, internal healing, and overall wellness. No experience needed. Open to ages 10+

Free and Open to the public.

Classes & Events

The Wellness Spa hosts a variety of wellness-focused classes & events, including Tai Chi, Qigong, Yoga, Soothing Sound Therapy, Meditation & Wellness Education Classes. With special seasonal events like our Couples Massage Class, Camp Goddess Woman's Retreat, Yoga in the Salt Spa, Solstice and Equinox Celebrations & Guest Speaker special events and activities. Visit us online for details and times.

Retail Therapy at Clarity Boutique

Women's clothing, jewelry and accessories, books, essential oils & diffusers, gems, singing bowls, massage products, bath & body care, professional skin care, home-use pro facial masks, salt and selenite lamps, neck & lap cozy's & seasonal gifts.

Water Dragon Inn

Luxurious Overnight Accommodations

Whether a Staycation or Destination, enjoy Wisconsin seasons year-round in our elegant Stone Cottage on the water. Private wellness-focused accommodations for couple's romantic stays or small group get-a-ways. See more or book your relaxing experience at www.WaterDragonInn.com

The Wellness School

Clinical Massage Therapy Program

Start your career as a Licensed Massage Therapist! This clinical-based massage program provides results-oriented training that go beyond general skills to teach you the "why" to ensure a healthy, prosperous career. www.wsw.edu

New price menu effective 11/03/25. Services & prices subject to change without notice.

One of Wisconsin's Finest Destination Spas since 1994



**Come Discover The Wellness Spa to
Relax... And Enjoy Life!**



**Give a Gift Experience
with a Wellness Spa Gift Card!**

For a full description of Spa & Salt Services, Classes & Events, or to Purchase a Gift Certificate Online scan the code below:



Hours:

Monday - Thursday 9am-8pm

Friday & Saturday 8am-5pm

www.WellnessSpaResort.com

3916 Water Street, Stevens Point, WI 54481

715-341-3333

Spa Packages

Taste of the Spa Life Package

Create the package of your dreams. Choose one service from each category below. Enjoy a Spa Snack with this package. Package time varies depending on choice of services. \$245 *Upgrades available for additional charge.

APPETIZER	MAIN COURSE	DESSERT
Body Glow	Relaxation Massage (80)	Enzyme Therapy Facial
Total Tranquility	Golden Goddess 24K Facial	Salt Spa Session
Sole Serenity	Wellness Spa Facial	Reflexology (20)
Sinus Relief	Maternity Massage	Mini Massage

Spa Time for Two

Spend time relaxing together with our couple's package designed to de-stress while you rest and re-set. Share a delectable treat during your foot soak and foot massage before journeying into a calming couple's massage. Includes: Couple's Relaxation Massage (50 min) & Soothing Sole Sanctuary - \$395 per couple
*Upgrades available for additional charge.

Spa Adventure for Four or More!

What better way to share time together than at The Wellness Spa! We created a customizable spa package for 4 to 12 guests to make it easy and affordable for your group to spend time together relaxing. Visit www.WellnessSpaResort.com (spa services/packages) for Spa Adventure ideas and details for your spa outing.

Signature Spa Treatments

Face & Body Renewal

A luxurious experience combining facial therapy with relaxing and moisturizing skin renewal full body treatment. 90-minute individual treatment -\$165 or side-by-side option for couples spa time together. 90-minute couples package -\$350

Grounding Zen Massage

Increase energy production while reducing anxiety, muscle tension and stress. This element-rich magnesium massage focuses on grounding to balance and enhance your healing potential. 75 minutes - \$160

Platinum Luminescence

This specialty facial includes a luminating body treatment with all the spa indulgences for the ultimate face and body experience. 105 minutes - \$195

Nirvana Experience

Full body dry scrub, relaxing aromatherapy massage, detoxifying steam with cool globe face massage... Heaven aka Nirvana! 105 minutes - \$210

The Athena

Hot stone back massage, full body relaxation massage, Aromatherapy Face Massage. A blissful blessing for your body, mind, and soul. 75 minutes - \$160

The Atlas

Exfoliating back scrub, deep tissue back and neck massage, including hot stone back Indulgence. Completed with a therapeutic foot massage. 75 minutes - \$175

Buddha Body Ritual

Warm compress of aromatic herbs is massaged into muscles to reduce pain while increasing lymphatic drainage. Includes Swedish Massage to increase Qi flow and harmonize your entire body. Deeply relaxing. 75 minutes - \$160

Soothing Sole Sanctuary

Relax with a bubbling foot soak, foot scrub, therapeutic foot massage with added hot stone lower leg and foot massage, all while you blissfully relax with our heated neck and lap cozy and warming hand indulgence treatment. 45 min - \$90

Massage Therapy

Our therapeutic-based massages include techniques unique to The Wellness Spa, ensuring consistently beneficial treatments. All Wellness Spa massages include: Hot Cozy, Hot Towels, Soothing Eye Pillow and aromatherapy or unscented oils.

Relaxation Massage	50/80 minutes	\$95/145
Deep Tissue Massage	50/80 minutes	\$115/175
Mini Massage	20 minutes	\$60
Hot Stone Back Massage	45 minutes	\$110
Hot Stone Full Body Massage	75 minutes	\$175
Reflexology	20/50 minutes	\$55/85
Maternity Massage	50 minutes	\$100
Couples Relaxation Massage	50/80 minutes	\$230/330

~Includes complimentary Hot Stone Sampler for each person
~Upgrade to Deep Tissue for \$20 extra/50 min or \$30 extra/80 minute per person

Massage Enhancers \$15 each

Customize your massage adding more benefits without adding extra time.

- Hot Stone Sampler
- Hand Indulgence
- Foot Indulgence
- Cupping
- Magnesium Massage Cream

Massage & Facial Alchemy

Upgrade your massage or facial experience by creating your own healing blend. Add our Alchemy treatment to customize your spa experience.

20 minutes - Add-On Service - \$45	20 minutes - Stand-Alone Service - \$60		
• Body Glow	• Head Trip	• Sole Serenity	• Total Tranquility
• Sinus Relief	• Cupping	• Hot Stone Back Indulgence	

Facial Therapy

Our Facials are customized to your needs, with a variety of treatment masks and effective skin care products, serums, and add-ons to assure a specialized service.

Golden Goddess 24 Karat Facial	75 minutes	\$150
Wellness Spa Facial	75 minutes	\$135
Earth Minerals Facial	75 minutes	\$125
Balanced & Bright Facial	60 minutes	\$120
Oxygen Deep-Pore Facial	45 minutes	\$95
Cleansing Facial	45 minutes	\$90
Enzyme Therapy Facial	30 minutes	\$60
Enzyme Back Facial	30 minutes	\$75
High Frequency	Add-on only	\$20

Chemical Peel

Chemical Starter Peel (first time)	45 minutes	\$120
Chemical Peel	30 minutes	\$100
Add-on Peel to Facial		\$75
Chemical Peel Series 3-pack (highly recommended for best results)		\$290

Dermaplaning

Instantly smoother, flawless-looking skin with our advanced technique of controlled surgical scraping. Can be done every 2-4 weeks. Series suggested.

- Full Face - \$75
- Add-on to any facial or chemical peel for only - \$50

HydraFacial

Signature HydraFacial

Deeply cleanse, extract, and hydrate skin using super-serums to nourish skin in a non-invasive, highly effective treatment for all skin types. 30 minutes - \$199

Deluxe HydraFacial

All the essentials of our Signature Hydrafacial plus a skin-specific booster. Also includes LED red or blue light therapy and foot massage. 45 minutes - \$259

Platinum HydraFacial

The ultimate HydraFacial experience. Detoxify skin with Lymphatic Drainage followed by our Signature HydraFacial to deeply cleanse, extract and hydrate. Includes LED Light Therapy and our calming foot massage. 60 minutes - \$325

Lash & Brow

Lash Lift & Tint • Lift & Tint - \$100 • Lift Only - \$75 • Tint Only - \$35
Includes hydrating eye mask. Curl lasts about 5-6 weeks. 30-75 minutes.

Brow Lamination 60 minutes - \$75
Perming of the eyebrow hairs to give a fuller, more even look. Lasts 5-6 weeks. Includes brow shaping as needed prior to lamination.

Brow Tint 30 minutes - \$35
Enhance eyebrow color for a more defined look. Lasts 3-5 weeks.

Waxing Services

Speed Waxing is a technique perfected to allow for quick and effective hair removal that is less painful than traditional waxing due to specialized techniques using our gentle, effective Black Coral wax. Great for those with sensitive skin.

Full Face	\$60	Bikini Line	\$40	Upper Back	\$40
Eyebrows	\$25	Bikini Full	\$60	Lower Back	\$35
Cheeks	\$15	Brazilian	\$100	Full Back	\$90
Chin	\$15	Full Butt	\$70	Shoulders	\$45
Ears	\$15	Lower Legs	\$45	Stomach Strip	\$15
Nose	\$15	Upper Leg	\$60	Stomach Full	\$40
Side of Face	\$15	Full Legs	\$90	Chest Strip	\$40
Upper Lip	\$15	Toes/Feet	\$15	Chest Full	\$65
Lower Lip	\$15	Upper Arm	\$35	Underarms	\$25
Neck (front)	\$15	Lower Arm	\$35		
Neck (back)	\$15	Full Arm	\$45		
		Hands/Fingers	\$15		