

Reduce stress, brighten clarity, build resiliency and feel an overall sense of connectedness.

The Wellness Spa is the perfect place to practice mindfulness – Try our spa treatments, salt therapy or classes.



Gemstone Infused Facial

Achieve radiant, glowing skin with this purifying reset to your face and body! Enjoy all the benefits of a thorough cleanse and enzyme pre-mask before enjoying a gemstone dust-infused mask of either Rose Quartz or Black Pearl with added indulgences of a warmed-gemstone face massage, soothing foot & lower leg massage, and grounding foot mud mask for a true head-to-toe experience. Singing bowl sound therapy and relaxing hand & arm massage add to this deeply relaxing, mindful, yet result-oriented facial. 75 minutes - \$140

Herbal Healing Sole Sanctuary

Enjoy this incredibly relaxing foot treatment with the added healing properties of magnesium, ginger and herbs. Start with a Ginger Root and Salt foot soak followed with a lower leg and foot scrub. Then lay back and enjoy a detoxifying lower leg and foot massage using our Ancient Thai herbal compress to open energy pathways and stimulate circulation; with added magnesium hot stone foot massage, our heated neck and lap cozy, and warming magnesium hand indulgence treatment, this healing herbal foot treatment will honor your feet the way they deserve! 45 minutes - \$90

Magnesium Massage Upgrade

Customize your massage with all the healing benefits magnesium has to offer; improved muscle and nerve function, immune system strength, even better sleep! NOTE: Please call ahead to inform us of the change so your therapist can prepare. Add-in Magnesium lotion for only \$15 extra

Just Breathe... Salt Spa Session & Gift Card Special

Relax in the warmth and comfort of our Qi Garden Salt Spa while you improve respiratory and immune health, get better sleep, even help improve acne and skin issues. It's a 100% drug-free, natural way to care for yourself and keep your respiratory system healthy as the change of season approaches. **During the month of March, enjoy a Salt Spa Session for only \$45 (regular \$50) or purchase 3 salt spa session gift cards for only \$99!**

Spring Break Speed Waxing Special

Get a FREE Eyebrow, Upper Lip or Underarm Wax, when you schedule: 🍷 Leg Wax (Lower, Upper or Full Leg) 🍷 Bikini Line or Full Bikini 🍷 Brazilian 🍷 Arm Wax (Full Arm) 🍷 Full Face Wax (Free wax service must be done by same guest, on same day, as paid wax service. One free wax service per guest per day, regardless of quantity of regular priced wax services being done).

Stay-cation Special

Can't get away this spring break? Plan a Stay-cation at Water Dragon Inn, just a mile from The Wellness Spa. Enjoy a luxurious experience in our fully renovated stone cottage on 5+ wooded acres, waterfront, on-suite bathrooms, amazing master with soaker tub and private fireplace. We have continuous 5-star reviews since opening in 2020. Reserve a stay in March or April 2026 and receive: 2 complimentary Salt Spa Sessions and box of our delectable chocolate truffles. Visit www.WaterDragonInn.com to view accommodation options, photo gallery and to Book Your Stay today!

Meditation, Yoga, Tai Chi, Qigong, Sound Therapy, Yoga in the Salt Spa & More

For classes & special events during the month of March, visit "Classes & Events" www.WellnessSpaResort.com

Join The Wellness Spa on Facebook, Instagram & TikTok for a Month of Mindfulness...
Enjoy video clips and tips on how to live a mindful, healthy, and vibrant life!

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