

Pampered Pumpkin Spa Time!



Pampered Pumpkin Massage

Welcome fall with this incredible aroma-filled and cozy specialty massage! Enjoy our exfoliating pumpkin back scrub and relaxing Pumpkin Spice back massage before we 'Paint on the Pumpkin' with our soothing Pumpkin back mask. While you are masking, our therapist will treat your tootsies to a Hot Stone lower leg and foot massage. Includes hot towels and our signature hot cozy to warm you up while you settle into relaxation. **50 minutes ~ \$110**

Pumpkin Spice Facial

Pamper your skin with this tasty treat for your face. Thorough cleanse, exfoliation and relaxing Hot Stone face massage followed with our Pumpkin Enzyme Mask to refine skin tone and texture, reduce hyper-pigmentation, and soften fine lines and wrinkles. Includes Hydrating Eye Mask and Infused Gel Lip Mask as well as a moisturizing pumpkin shea butter hand massage & heated hydrating pumpkin foot treatment. A tantalizing seasonal facial experience you can't miss! **75 minutes ~ \$150**

Pumpkin Face & Body Renewal

This luxurious full body spa treatment combines the best of facial therapy, relaxing body treatment, and moisturizing skin renewal. Begin your spa journey with a full-body scrub and our Pumpkin Body Mask to soften and smooth skin, follow with a hydrating Pumpkin Shea Butter application before we wrap you in cozy blankets. While you are wrapped in hydration, enjoy a thorough skin-firming facial cleanse, soothing face massage, and seasonal Pumpkin Facial Mask. A relaxing and renewing spa experience and our most popular body treatment! **90-minutes - \$165**

Pumpkin Soothing Sole Sanctuary

Create a temple for your 'soles' with our signature foot treatment. Relax while reclining in our massage chair as you dip your feet into a warm bubbling foot soak, enjoy an invigorating pumpkin foot scrub and pumpkin oil and shea butter foot and lower leg massage. This specialty service also includes a hot stone foot massage and warming moisturize pumpkin hand indulgence treatment. Honor your feet the way they deserve with this perfect pumpkin foot experience! **45 minutes - \$90**

No Trick ~ Just Salt Spa Treat!

Experience all the healing and respiratory benefits of Halo-Therapy while enjoying quiet time relaxing in the warmth and uniqueness of our Salt Spa. Improve immune strength, reduce seasonal allergies, breathe easy ... and TREAT someone special.

Two people for only \$70! (save \$30)

*Both guests must be scheduled for the same salt session to receive discount.
Please note: Salt Spa gift cards cannot be used for this fall special.

NEW at The Wellness Spa!

Myofascial Lymphatic Drainage Massage

Myofascial Lymphatic Drainage (MFLD), blends fascia therapy and lymphatic drainage to reduce swelling, soften scar tissue, decrease inflammation, reduce chronic pain, and calm the nervous system. This revolutionary approach to Lymphatic Drainage can offer relief from chronic swelling, arthritis and joint stiffness, tendinitis, fibromyalgia, inflammation, and chronic stress or nervous system overload. Our specially trained MFLD therapist will use slow, rhythmic and deliberate fascial stretching to release restrictions in both superficial and deep myofascial layers to clear lymphatic pathways and allow the body's natural drainage process to resume. This special massage technique works with your body's own natural fluid systems to create long-lasting, pain-relief effects while also providing an extremely relaxing and restorative experience. Regular sessions can help maintain the health of your body's tissues and cells, reduce discomfort, improve energy and contribute to overall wellness. **Full Body MFLD Massage: 75-minutes - \$180**



Make Fall a Time for
Personal Renewal
& Wellness.

Try our Meditation,
Yoga, Tai Chi, &
Enrichment Classes.

See our full schedule & **Book Online**
www.WellnessSpaResort.com

Fall Specials Available September 8 – November 8, 2026

The Wellness Spa 3916 Water Street Stevens Point, WI
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