



## Fall Specials at The Wellness Spa



'Pampered Pumpkin Spa Specials' also available – more info online



# Design Your Own Spa Day Only \$135!



### Mix & Match any 3 Spa Services below:

#### **Mini Massage**

Designed for site specific massage such as neck, shoulders, or problem areas or as a quick massage refresher to relax and renew. Not Full Body. 20 min

#### **Sinus Relief**

Relieve sinus pressure through aromatherapy, hot towels and acupressure point massage to loosen congestion and alleviate facial tenderness. 20 min

#### **Body Glow**

Full body gentle dry brush exfoliation to increase circulation and lymphatic flow, plus shea butter application to help your skin feel silky smooth. 20 min

#### **Hot Stone Back Indulgence**

Warm smooth stones are used to promote deep muscle relief, increase circulation and alleviate tension in the upper back, low back and neck. 20 min

#### **Sole Serenity**

Hot towel foot wrap, exfoliating lower leg and foot scrub followed with a relaxing foot and lower leg massage, completed with rejuvenating leg gel. 20 min

#### **Total Tranquility**

Calming facial massage to enhance deep relaxation using hot towels, aromatherapy, and soothing massage techniques for a peaceful little retreat. 20 min

#### **Head Trip**

Whether headache pain or you just love having your scalp massaged, our therapists use a combination of massage modalities to offer relief. 20 min

#### **Cupping**

Special cups are used to move stagnant energy which helps relieve pain, reduce inflammation, improve circulation, and increase range of motion. 20 min

#### **Enzyme Therapy Facial**

Natural exfoliation from papaya and pineapple enzymes lift dead cells from skin to give you a clear and bright complexion in this mini-style facial. 30 min

#### **Bikini Line Wax**

Basic waxing and tidying of the sides and across the top of the panty line or 'bikini' area using soothing black coral wax. (Not a full Brazilian wax). 30 min

#### **Lower Legs Wax**

This waxing service includes the lower legs and knees using our soothing black coral wax for a more comfortable, smooth wax experience. 30 min

#### **Salt Spa Session**

Relax and breathe easy with our unique and naturally effective therapy for respiratory conditions, skin, better sleep & stress reduction. 45 min



## Schedule Your Personalized Spa Day Today!



Call The Wellness Spa: 715-341-3333 For all services visit: [www.WellnessSpaResort.com](http://www.WellnessSpaResort.com)

**Available Monday-Thursday 8a-8p Friday & Saturday 8a-5p October 1 - 31, 2026**

All 3 services must be used by same guest on same day. Offer based on availability. No service substitutions. Only available through 10/31/26